

Willing Fitness One Wheel at a Time...

The Abdominal Training Wheels, also known as the ATW's, are a fitness product for aerobic exercise on wheels. "Wheel Aerobics" is a new workout system designed by T. Lewis. This NEW system was created exclusively to enhance your physical appearance and aid in your longevity.

Benefits:

- Tight Abs
- Great Cardio
- Firmer Thighs, Hips, and Gluts
- Smaller Waistline
- Toned Arms and Shoulders
- Tighter Chest
- A great TOTAL body

What they are...

The concept of the ATW is a newly designed shoe plate with a wheel at the end of the plate. The ATW comes in two colors: blue and yellow. The blue and yellow color has a foam cushion liner inside the plate to make a comfortable fit.



The ATW is a one size fit all exercise product that has two straps. The upper strap goes around the ankle; the lower strap goes around the foot. The ATW also comes with a precision wheel with a wide base to give you control of the back and forth motion when exercising. Just place your shoe heel into the back of the ATW. Put in the DVD and watch the pounds fall off.

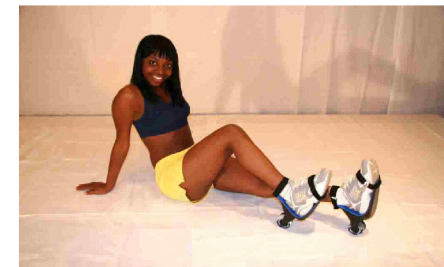
What they do...

Abdominal Training Wheels best benefit is that you don't have to be advanced in training your abs. The abdominal training wheels are basically for beginners who want to TRAIN their abs without feeling the embarrassment of not having the ideal 6 pack.

When you purchase a pair of the ATW's you also receive a DVD where you will experience training with the inventor T. Lewis. He will take you through eleven different exercises that will help develop your abs, thighs, ham string, the glut less maximums, calves, and inner and outer thighs. It ALSO helps build up your cardiovascular.

To add variety to the fitness system, Abdominal Training Wheels, Inc has added to NEW additions:

1. 30 minute exercise music CD
2. Personalized Meal Plans



Do NOT throw away the other abdominal equipment you currently have!!! The Abdominal Training Wheels can be used with ANY other product including but not exclusive to: the step, the ball, and free hand weights.

The ATW's are ready to ship! Get YOUR pair while supplies last. Hand crafted, exclusively designed by the inventor.

*Suggested retail price for this amazing product is \$79.99. But, if you act now, you can purchase this product at this special limited offer of just **\$39.99**. Once this special promotion runs out, the standard purchase price will be **\$59.99***

Abdominal Training Wheels

- One size fits all
- Precision wheels at the base for easy roll-ability, stability and control
- 2 adjustable straps for a tight fit
- Simple product but very effective in building a firm body.

Contact

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Abdominal Training Wheels, Inc.

Presents

"Wheel Aerobics"

ABDOMINAL TRAINING WHEELS

- ONE SIZE FITS ALL

